

Dear Girl Scout Cadette,

Here's your chance to show your leadership skills as you assist your Brownie sisters along their special quest! To earn your LiA (Leader in Action) Award for the Brownie Quest:



- Demonstrate your commitment by actively assisting during four sessions of the Brownie Quest (even better, come to all of them!).
- Do Steps 1–3 as outlined on these pages.
- Reflect on your experience using the questions on these pages.
- Then talk to the Brownies' adult guides and get their feedback.

I attended these Brownie Quest Sessions:

1. Demonstrate your organizing skills by preparing the materials and instructions for three Quest activities in advance of their sessions. Each session includes two to three activities, so there is plenty to do to keep each session running smoothly. You can go over the activities with the Quest's adult guides and discuss how you can best assist.

I prepared these activities in advance of the sessions:

2. Demonstrate a special skill or talent you have by planning and guiding the Brownies to do one "just for fun" extra activity while they are on the Quest. For example, perhaps you are good at crafts and want to teach the girls to make a gift for themselves or a friend. Or perhaps you are science-minded and can think of a little experiment the Brownies can do during a session. Maybe you can sing or dance or make up funny cheers. You get the idea—add a little of the extra joy you uniquely bring to a Brownie session! Try to make whatever you do tie into the Quest. And remember, the Brownies already have a lot going on to earn their keys—so you'll want to keep your little extra short and sweet!

I shared my zest for _____ with the Brownies by

3. While on the Quest, the Brownies will be leading their families and communities in “healthy-living” actions like making and enjoying healthy treats or playing a game that gets people up and moving. Take the healthy living even further by doing one of these:

- Bring the fixings for a simple, healthy snack to a session (carrots and low-fat dip; apples and yogurt), assist the girls in “making” the treat, and explain (perhaps on poster board)—in a Brownie-friendly way—why that snack is better than something else (like _____).
- Teach the Brownies how to do a simple exercise or stretch that you know and like, and use it as a “quick break” between activities. Offer a short explanation of why it’s good!
- Bring some music and get everybody moving as the meeting starts or ends—or when an energy boost is needed! Offer a quick explanation of why it’s good!

While on the Quest, the Brownies will be Discovering, Connecting, and Taking Action (shhh . . . don’t tell them those are the names of the keys they are finding!). Think about how you are Discovering, Connecting, and Taking Action along with them . . . and take a little time to reflect on your experience. Think about what you’ve learned and then answer these questions:

I discovered that a value that really matters to me is:

I discovered that a special skill or quality I enjoy using with others is:

I find it challenging to “connect” with younger girls because they

I enjoy connecting with the adults involved with the Quest because

When the Brownies were choosing and doing their Take Action Project I felt

_____ because _____

I am glad I took action to assist in leading the Brownie Quest because

Talk to the adults guiding the Quest. Find out one thing you did during the Brownie Quest that was really, really great (a perfect 10!). Then find out one thing that you can keep in mind—to practice for the next time you team up with younger girls in Girl Scouts.

One thing I did that was a perfect 10:

One thing I will keep practicing:

Congratulations! You have shown that you are a true leader!

Dear Girl Scout Cadette,



Just as you are *Breathe*-ing your way through a journey about air—your own and everyone else’s, you’ve got some (actually around 800,000) little sisters who are on a journey about water—theirs—and everyone else’s!

You’ve got air and the Brownies have water! And, of course, both are essential to life—and both are quite wondrous and awe-inspiring when you stop and appreciate them!

So, earn yourself the LiA (Leader in Action) badge by sharing some of your savvy for Earth (not to mention all of your other flairs) with a team of Brownies in your community.

Here’s how:

1. Identify a team of Girl Scout Brownies on (or about to be on) their *WOW! Wonders of Water* journey. Or find a team that recently completed *WOW!* Ask your Girl Scout council for tips on how to locate a Brownie Team.

2. Talk to the volunteer guiding the Brownies and find out what the team is doing, what the Brownies enjoy, and what the volunteer finds challenging. Take a look at the Brownie *WOW* book and flip through the adult book, too!

Now the fun begins!

3. Arrange to be at some of the Brownie Team’s gatherings, coordinating the schedule with the volunteers so you’ll have time to do each of these:

- Guide the Brownies through a fun activity that teaches them something about Earth’s air or water or both! You can adapt an activity from your journey for younger girls, check out some of the options in the *WOW!* girls’ book and volunteer books, or create an activity of your own. A magical science experiment? Making rainbows? Making and flying a kite? Enjoy the sounds of nature? Scenty stuff? A game you invent about animals that inhabit water and sky? Or perhaps you and some friends can act out a scene from “A Very Wet ELF Adventure” or even make a short puppet show based on the story. Better yet, guide the Brownies to do their own!

Date accomplished _____

Inspire the Brownies to try a new healthy habit—a watery treat (check out the ideas in the *WOW!* book), some fun cardio or yoga exercises, or a fruit or veggie grown with local water (and air!). Check with the Brownie's volunteer about food allergies before you plan any snacks. Your goal is to get the Brownies thinking about how what is good for us is often good for Earth, too!
Date accomplished _____

Engage the Brownies in a short activity that gets them thinking about what great teamwork looks like. Maybe you know a game or maybe you can invent one that gets the Brownies cooperating? If not, get some ideas from other Girl Scouts in your area. Teach the game as an opening or closing or an energizing break. While the Brownies are exploring the Wonders of Water, they are also practicing another WOW—Ways of Working. Your goal is to get the Brownies practicing some really great WOWs!
Date accomplished _____

Tell the Brownies a line from the Girl Scout Law that you are trying to live out in your life right now. Tell them what you are doing to bring that line to life. Then, ask them to tell you about a line they are living out!
Date accomplished _____

4. After you've completed your mission with the Brownies, ask the volunteer for input on what you did. What was great? What might you want to do a little differently in the future?

5. Now that you've enjoyed some time inspiring Brownies, think about and answer these questions:

- What did you **Discover** within yourself as you guided Brownies?
- Why it is important to **Connect** with younger girls?
- What did you accomplish on behalf of the Earth by **Taking Action** to educate and inspire Brownies?

CONGRATULATIONS! Wear your LiA with pride!

EARNING THE LiA Award

Dear Girl Scout Cadette,

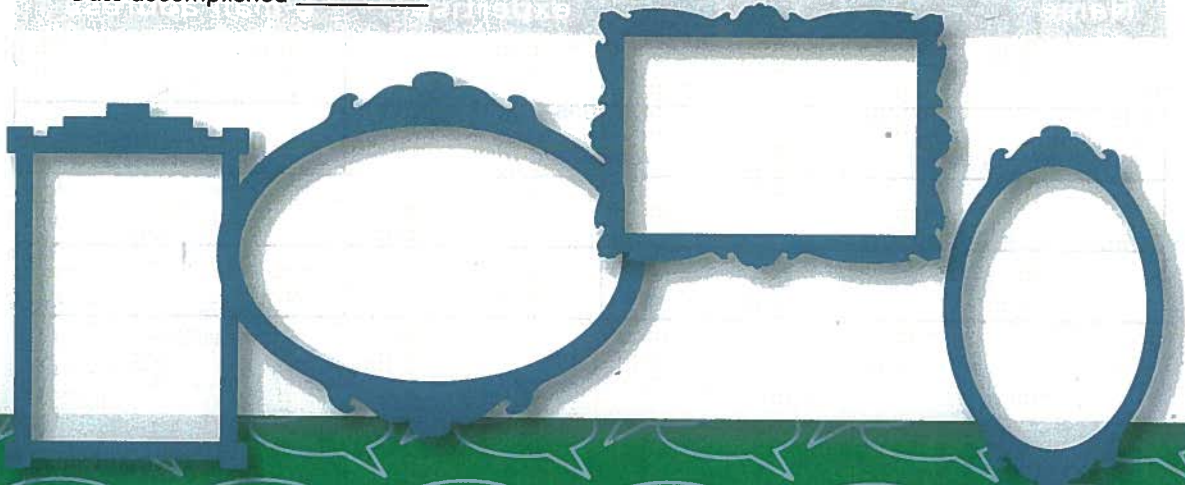
You know how captivating stories can be. Right now, your Brownie sisters are exploring stories about girls—their own stories and stories about girls around the world. The amazing world of girls—that's a page-turner!

You have wonderful stories to tell, too. And if you are now enjoying the *MEdia* journey, you can share another aspect of stories: how media influences girls' stories and how girls can influence the media. So get set to earn the LiA (Leader in Action) Award by using your leadership skills and sharing your media savvy (not to mention your own unique stories) with a team of Brownies in your community.

Here's how:

- 1. Find a team of Girl Scout Brownies** on (or about to begin) their *A World of Girls* journey. Ask the adults who volunteer with your group, or ask your Girl Scout council for tips on how to locate a Brownie team.
- 2. From their volunteer, find out what the Brownie team is doing.** Talk with her about what the Brownies enjoy and what she herself finds challenging. Read the Brownies' *A World of Girls* book and take a look at the adult guide, too.
- 3. Arrange to be at some of the Brownies' gatherings.** Coordinate with the volunteer so you'll have time to do each of these:
 - Inspire the Brownies to look and listen for stories in their everyday lives. With your knowledge of media, talk about the stories the media creates about girls and how they make girls feel. Together, decide whether media portrayals of girls seem true. Share other stories, too, such as stories of real girls and women you have met or learned about on your Cadette journey.

Date accomplished _____



- Guide the Brownies in an activity to develop their teamwork skills. The girls are planning to tell a story together to an audience and create a change in their community. They'll need to work together to make this happen. Maybe you've participated in team-building activities with Cadettes or with other girls in your world. If so, share some tips with the Brownies. If not, get ideas from other Girl Scouts in your area. You might use a team-building activity to open or close a session, or introduce it when it best fits for the Brownie team and its journey.

Date accomplished _____

- Inspire the girls to try a healthy new activity, such as a physically active game from another country or culture, or one of your favorite types of exercise or dance. Find ideas in the *A World of Girls* adult guide, or ask the Brownies for some of their favorites. By showing the Brownies the benefits—and fun—of exercise and movement, you'll create a story that features healthy girls of the future.

Date accomplished _____

- Encourage the Brownies to use a variety of media and various art forms as they explore storytelling. You might share types of media new to you, or demonstrate a medium in which you have some expertise. Share your interest and knowledge with Brownies as they tell their own stories of who they are and how they are connected to a world of girls.

Date accomplished _____

4. After you've completed your activities with the Brownies, ask their volunteer for feedback on what you did. What worked well? What might you change next time?

5. Now that you've shared stories with the Brownies, and learned some of their stories, think about and answer these questions:

- In what ways did you **CONNECT** with the younger girls?
- How did your leadership encourage the Brownies to **TAKE ACTION** to create a change in their community?
- What did you **DISCOVER** about yourself as you guided the Brownies?

CONGRATULATIONS! Wear your LiA Award with pride!

