Girl Scouts of Northern California

Parental Permission Form for ***Camp Sally Ride STAFF***

This is in addition to your Health Form.

**Troop \_\_\_\_\_\_\_is attending *Camp Sally Ride,* October 13-14-15, 2017**

Girl's Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Weight \_\_\_\_\_\_ Height \_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Special Diet \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Allergies \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Is Camper taking any medication? \_\_\_\_\_\_\_\_ If yes, state what it is, the dosage, and what medication is for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Note: All medications must be turned in to Leader. Leaders cannot administer prescription medication which is not in its original container and labeled by the pharmacy with the child's own name.

My child may be given the following over the counter medication as needed. Please indicate yes or no, and the dosage.

Tylenol \_\_\_\_\_ dose \_\_\_\_\_\_ Ibuprofen \_\_\_ dose \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Benadryl for allergic reaction \_\_\_\_\_\_\_ dose \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Calamine lotion \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Hydrocortisone cream \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Sunscreen and/or bug repellent I have supplied \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cold Medicine \_\_\_\_\_\_ dose \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cough Medicine \_\_\_\_\_\_ dose \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**My daughter, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ has permission to participate in *Camp Sally Ride* at Butano Creek GS Camp, October 13-14-15, 2017.**  I give permission for my daughter to receive emergency medical treatment if necessary. It is understood that every effort will be made to contact me or the person noted below before taking this action.

During this activity, I may be reached at: Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent's name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Cell \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Insurance \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ID# \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Group # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If I cannot be reached in an emergency, the following person is authorized to act on my behalf:

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ relationship \_\_\_\_\_\_\_\_\_\_\_\_\_

Phone#\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Parent or Guardian's Signature \_\_\_\_\_\_\_\_\_\_\_\_\_­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_**

Girl Scout Individual Equipment List

Wear: \_\_\_long pants

\_\_\_t-shirt

\_\_\_hiking boots or shoes with tread

Bring:

\_\_\_ WARM Sleeping bag

\_\_\_ small pillow or pillowcase (to fill w/clothes)

Ziploc Bag- \_\_\_ toothbrush/toothpaste

\_\_\_ hairbrush/comb and small towel

\_\_\_ washcloth & small soap in small

\_\_\_ extra pair closed-toe shoes or boots with tread

\_\_\_ 2 pair long pants

\_\_\_ 2 t-shirts

\_\_\_ 1 long sleeve flannel or turtle neck shirt

\_\_\_ 3 pair underwear

\_\_\_ 3 pair socks

\_\_\_ sweatshirt (preferably with hood)

\_\_\_ Warm sweat suit to sleep in

\_\_\_ empty trash bag (for dirty clothes)

\_\_\_ jacket

\_\_\_ flashlight extra batteries (very important)

\_\_\_ cup

Backpacks: (for girls to have in car & during workshops- all optional)

\_\_\_\_ re-useable water bottle- strongly advised for Staff

\_\_\_\_ chapstick

\_\_\_\_ bug repellant

\_\_\_\_ sunscreen

\_\_\_\_ book and/or cards

\_\_\_\_ watch

\_\_\_\_ rain poncho (small type ok)

Not allowed: No radios or electronic equipment (the cell phones won’t work anyway), No perfumes or nail polish or tank tops. **No candy, gum, soda or extra food unless enough for 175 people to share.**

**ALL MEDICATIONS/PERSCRIPTIONS MUST HAVE GIRL’S NAME AND INSTRUCTIONS.**

Label everything with troop # and name.

Girls need to be able to carry their own gear, so minimize and practice.

Make sure clothes and shoes fit well and are comfortable.

Suitcases are NOT recommended: **soft baggage packs or a duffle bag** are easier for girls to handle. Bunji cords work great. If your sleeping bag won’t stay rolled, shove it in a tall kitchen trash bag.

***Camp Sally Ride* *STAFF Schedule***

**Friday**

5-7:00 PM Arrival-Check in- Amb’s; Bags/sleeping bags to housing units-

Dinner on your own-

7:00 All Staff to DH to prep evening activity

7:30- 8:30 PM Join us in the Dining Hall for Astronomy & S’mores

8:30-? Staff- mtg & decorating & Bfst set-up

10:30 PM Lights Out - Zzzzzzz

**Saturday**

7-8:20 AM Awake; Staff Breakfast

8:35 AM Flag- Staff #\_\_\_\_\_­­­­\_\_\_\_\_\_ All adults and Scouts in attendance

8:35- 9:00 AM Description of Activities

??:?? AM Fire Drill- meet as directed Friday Night

All Rotations for Br/Jr Badge Workshops

9:00 Staff set-up workshops

9:30- 10:30 AM Rotation (Leader/Adult swap-making in Dining Hall

10:35 -11:30 AM Rotation all day)

11:30 Staff clean-up/re-set workshop supplies

12:00- 1:00 PM Lunch in the Dining Hall; Staff assigned to tables

1:00- 1:55 PM Rotation

2:00- 2:55 PM Rotation

3:00- 3:55 PM Rotation; Staff clean-up workshop supplies

4:15 PM Staff- set tables-dinner; prep for Campfire/Night Hike?

6:00 PM Dinner in the Dining Hall

7:30- 9:00 PM Campfire & Night Hike w/cocoa

9:00 Staff- prep for Sunday Challenge/SWAPS/Scout’s Own

10:00 PM Lights out- Zzzzzzz

**Sunday**

7:00-8:30 AM Awake and pack- Clean/clear Sleeping Areas.

Staff- set tables for Bfst; come for Breakfast

8:30-9:30 AM Breakfast in the Dining Hall

9:30-10:30 AM Challenge; SWAPS and Scouts Own Closing

11:00- 12:00 Unit Check-out: Amb’s. Units: Clean biffys/empty trash & Mop?

Turn-in Evaluations- get Patches/badges! Drive Safely!!

All Staff- clean Dining Hall, tear-down/s